TITLE: **LAB SPECIMEN COLLECTION INSTRUCTIONS – URINE 24hr Collection**

EFFECTIVE DATE: 06/26/19

PERFORMED BY: Resource for Specimen Collections

MANUAL: Specimen Collection Manual

FORMULATED BY: Lab Phlebotomy Supervisor

Patient instructions for "24 Hour Urine Collection"

1. At the beginning of the collection, empty your bladder. Discard this first sample into the toilet and flush (do not use this first sample). Make a note of the time.

2. From this point on, collect all urine from each voiding for the next 24 hours. It is very important to save ALL urine (from this point on). For each collection, be sure to void into a clean smaller container first, and then carefully pour it over into the large 24 hour urine container. Keep the large 24 hour urine container refrigerated or on ice at all times, during the collection process.

3. At exactly 24 hours from the time the first urine was voided, empty your bladder into a clean smaller container, and then pour this last urine sample into the large 24 hour urine container. This ends the 24 hour collection process.

4. Return to the lab with the completed 24 hour urine collection and your Physician's Orders for this 24 hour test (preferably between 7am and 5pm) as soon as possible at the end of the 24 hours.

5. Container should be labeled with minimum of 2 acceptable identifiers. The two identifiers consist of Patient Name and (at least) one of the following: Patient's Date of Birth, Hospital # or Medical Record #. Place label on Container (not Lid).

6. If using electronic handheld device, scan labeled container to complete collection process in the computer system. If not using electronic handheld device, enter collection in computer system to complete the collection process.

Document Owner:	Phlebotomy Supervisor
Document Approver:	Laboratory Medical Director
Original Issue Date:	11/29/07
Review Dates:	Previous review dates; 12/18/08, 09/28/09, 08/20/10, 06/06/11, 08/13/13, 08/10/14, 08/25/15, 11/08/16, 11/27/17, 11/15/18, 06/26/19.

Revision Dates:	12/18/08 Container (not lid) labeled with 2 acceptable identifiers. 08/25/15 Removed this table at end of procedure. Updated effective date in header. 11/08/16 Piedmont Header. 12/14/18 complete collection in computer system by scanning or entering in computer. 06/26/19 changed font.